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An Orientation to Emotional Intelligence

Authored by: Eugene Kaluzniacky, University of Winnipeg, Canada

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About the Author

Eugene Kaluzniacky received his M.Sc. in Computer Science / Management Science from the University of Manitoba in Winnipeg, Manitoba in Canada. Currently he is an Instructor in the Department of Applied Computer Science and Administrative Studies at the University of Winnipeg in Canada. He is also a member of the Association for Psychological Type and the Information Resources Management Association, and has completed training in the Myers-Briggs Personality System. Eugene has varied academic, professional and personal interests that comprise mathematics, statistics, computer science, management science, accounting, information systems, personality psychology, wholistic health, spiritual development and education.

Managing Psychological Factors in Information Systems Work:

An Orientation to Emotional Intelligence

"Eugene Kaluzniacky's new book, 'Managing Psychological Factors in Information Systems Work', presents IM/IT workers with both an orientation to 'emotional intelligence' and a helpful agenda for the stressed employee to achieve deep, 'personal re-engineering.' Kaluzniacky also warns of an imminent 'burnout epidemic' which the IM/IT profession may be facing. His book is a practical guide to help IM/IT workers face this 'psychological ultimatum' and should be required reading for anyone who requires a new self-awareness, and new insights to help deal with the everyday pressures of the workplace.

- Paul Hession

CIO, Fisheries and Oceans Canada

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